



# 2019 Adult Drills

**\$22** Non-Members  
**\$20** Members  
**\$15** Open Play

## Mixed Workouts

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This drill is all about the moving and having a good time hitting! Be prepared to keep the feet moving, hitting plenty of balls and having a good workout!

## Mixed Drills

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This drill is a combination of point play, strategy and more!

## Open Play

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This drill is primarily based around point play scenarios with live ball hitting.

## Beginners

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This is where you start. Strokes, Strategy, Match Play All taught in a non-competitive format.



(214) 670-6622



[www.fretztennis.org](http://www.fretztennis.org)



6998 Beltline Rd,  
Dallas, TX 75254

## Monday

Mixed Workout	4.5+	7:00-9:00 pm	Tim Barnard
Mixed Drills	3.5	7:00-8:30 pm	Oliver Welsh
Beginners	1.0+	7:00-8:30 pm	James Thompson

## Tuesday

Mixed Drills	4.0+	7:00-8:30 pm	Jake Williams
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## Wednesday

Mixed Workout	3.5+	9:00-10:30 am	Tim Barnard
Mixed Workout	3.5+	7:00-8:30 pm	Tim Barnard
Mixed Drill	3.0	7:00-8:30 pm	Oliver Welsh
Beginners	1.0+	7:00-8:30 pm	James Thompson

## Thursday

Mixed Drills	3.5	7:00-8:30 pm	Jake Williams
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## Friday

Mixed Workout	3.5+	9:00-10:30 am	Tim Barnard
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## Saturday

Beginners	1.0+	8:30-10:00 am	James Thompson
Mixed Workout	2.5-3.0	9:00-10:30 am	Tim Barnard
Mixed Drills	3.0+	10:00-11:30 am	James Thompson
Mixed Workout	3.5+	10:30-12:00 pm	Tim Barnard
* Open Play	3.0+	12:30-2:00 pm	James Thompson

## Sunday

Mixed Drills	3.0+	10:00-11:30 am	Oliver Welsh
Mixed Drills	3.5+	1:00-2:30 pm	Oliver Welsh